



## BEYOND TRANQUILITY SPA

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### **Post-Treatment/Home Care for Waxing**

To ensure maximum comfort and benefit after the treatment, it is important to follow the steps below at home.

- Avoid applying heat to the waxed area for 12-24 hours. This includes hot baths, sauna, and steam.
- Avoid tanning for 12-24 hours. This includes any ultraviolet (UV) light exposure or tanning bed treatments.
- Avoid applying highly fragranced products to the waxed area. This includes perfume, scented body lotions, anti-perspirants, cosmetics, or feminine hygiene sprays. Only use professional products recommended to you by the esthetician who performed your waxing service.
- Avoid using harsh abrasives or exfoliants on the waxed area. If you are prone to ingrown hairs, loofah mittens or exfoliating scrubs can be used once the hair has started to grow back.
- Avoid applying high SPF sunblocks to the waxed area for 12-24 hours after your waxing service. Sunscreen chemicals can be irritating to the newly waxed skin. This includes self-tanning products and tan accelerators.
- Any pinking of the skin should disappear within 6-8 hours after your waxing treatment. Slight pinking is normal and indicates that the hair was removed from the root, rather than superficially broken off, as in shaving. This is the reason that professional waxing lasts so much longer.

For best results, repeat your professional waxing procedures every 4-6 weeks depending on the area and your individual rate of hair growth.

If you have any questions about your waxing service or after care at home, please do not hesitate to call your esthetician.